

From The Director's Desk

Johanna A. Downey, Executive Director

November is traditionally a celebratory time of family, abundance and thanksgiving. However, it is also National Runaway Prevention Month (NRPM). For many of these youth, concepts such as family, abundance, and thanksgiving are elusive.

Some of you – our readers - may be part of this silent crisis. Between 1.6 and 2.8 million youth run away in a year. If all of America's runaways in the United States lived in one city, it would be the fifth (5th) largest city in the U.S. after New York, Los Angeles, Chicago, and Houston. Putting this number in context shows the real scale of this problem.

The majority of young people on the street are not there because they want to be. They are there because they have nowhere else to go. Runaway, throwaway, and homeless youth are often endangered, with the risk of victimization on the street increasing for youth who have been victims of abuse in the past.

Childhood abuse increases youths' risk for later victimization on the street. Physical abuse is associated with elevated risk of assaults for runaway and homeless youth, while sexual abuse is associated with higher risk of rape for runaway and homeless youth.

In 2002, over 70% of runaway and throwaway youth were estimated to be endangered based on 17 indicators of harm or potential risk. The most common endangerment component was physical or sexual abuse at home

or fear of abuse upon return. The second most common endangerment component was the youth's substance dependency.

The good news? Prevention is possible and help is available for the youth that may be considering it.

A special organization called the **National Runaway Safeline** offers safe and informative help for those who have run away from home, or have thought about it. Solutions are available.

Locally, PCIRC can help.

If you know of a homeless or runaway youth, or someone who “couch surfs,” or lives in a car, encourage them to reach out to any one of the four PCIRC offices: Portola, Quincy, Greenville, Chester. We have resources that can help, plus we provide direct referrals to other agencies that can provide additional support.

FYI: The National Runaway Prevention Month is symbolized by the color **green** and is spearheaded by the National Runaway Safeline (NRS). You readers can get involved in November by swapping out your porch light for a **green** one or by simply letting your friends know that prevention **IS** possible. Call the 1-800-RUNAWAY hotline if you're a runaway youth and need someone to talk with.

Call PCIRC to learn more about how we can help locally at 530.283.5515.

Crisis Line Volunteers Needed!

Want to give back to the Community but now sure how?

Plumas Crisis Intervention & Resource Center is looking for a dedicated person, such as you, who can volunteer your time on our Crisis Line.

**Opportunities to help serve on our Crisis Line are 24/7.
PCIRC will train you at no cost.**

Interested? Call Today!

Kasey at 530.993.1237 or Kathleen at 530.283.5515





HAPPENINGS

November 2 - 6:00pm

Community Supper
282 Jackson Street

November 11 - Veterans' Day

PCIRC Offices closed.

Nov 15 - 10:00am Pick-Up

C.A.N.N. Commodities Distribution
176 Lawrence Street

Nov 18 - 8:30am-Sign-up/

12:00pm-Pick-up

C.A.N.N. Perishables Distribution

November 24 & 25

THANKSGIVING WEEKEND

PCIRC Offices Closed.

24/7 Dad[®] is a unique set of programs designed to equip fathers with the self-awareness, compassion, and sense of responsibility that every good parent needs. It focuses on building the man first and the father second. There's a group here in Greenville!

To participate call 530.284.1560.

Facilitated by Scott Cash,
National Fatherhood Initiative.

PCIRC Wellness Centers

PORTOLA:

Portola Family Resource & Wellness Center
165 Ridge Street 530.832.1827
Monday-Friday: 9am-5pm

INDIAN VALLEY/GREENVILLE

Indian Valley Family Resource & Wellness Center
209 Crescent Street 530.284.1560
Monday-Thursday: 9am-2pm

CHESTER

Chester Family Resource & Wellness Center
372 Main Street 530.258.4281
Tuesday-Wednesday: 9am-3pm



Holiday Food Drive

Oct-Nov 2016

Plumas Crisis Intervention and Resource Center is collecting food for our holiday food baskets. These baskets will go to community members in need. Here's how YOU can help...

Donate Thanksgiving foods until November 18th at any of the following locations:

Quincy (PCIRC)



591 West Main St.
Monday-Friday
9am -5pm
530.283.5515

Perishables Accepted
November 21st -23rd only

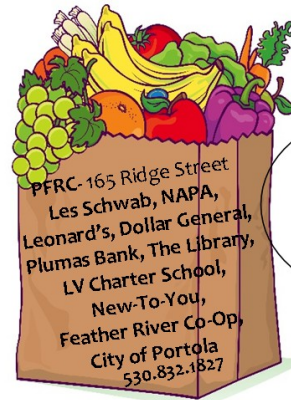
Chester (CFRWC)



Non-Perishables Accepted ONLY

CFRWC-372 Main Street
Tuesday - Wednesday 9am to 3pm
HOLIDAY MARKET
271 Main Street
PIZZA FACTORY
197 Main Street
530.259.4156

Portola (PFRC)



PFRC- 165 Ridge Street
Les Schwab, NAPA,
Leonard's, Dollar General,
Plumas Bank, The Library,
LV Charter School,
New-To-You,
Feather River Co-Op,
City of Portola
530.832.1827

Perishables Accepted all
October & November

Indian Valley (IVRC)



Non-Perishables Accepted ONLY

209 Crescent St.
Monday-Thursday
9am to 2pm
530.284.1560

Sponsored by Plumas Crisis Intervention & Family Resource & Wellness Centers: 530.283.5515 for more info.

DOG FOOD COMES TO PCIRC!

Plumas County P.I.T.S. has partnered with PCIRC to provide dog food for those in need of food for their pets.



Plumas County P.I.T.S. is a 501(c)(3) non-profit organization, formed in 2012, to promote positive Pit Bull awareness and responsible ownership. They serve Plumas County and the surrounding areas providing education, adoption, and resource services to the public.

To participate in this new program, contact the PCIRC office at 530.283.5515.