

PCIRC

Plumas Crisis Intervention
and Resource Center

July 2016
Issue I

From the Director's Desk

Greetings! It's officially Summer and the temperatures are going up-up-up! Let PCIRC help you take the right action to protect the health and safety of you, family, friends and pets in this hot weather. As Family Resource and Wellness Centers, PCIRC is dedicated to providing direct services and resources that benefit those who matter in your life. July's tip is this: Take a moment to look at some helpful suggestions made by the California Office of Emergency Services (Cal OES) on how to identify, prevent - and know what to do in case of - heat stroke, heat exhaustion and other heat-related illnesses. Read more about protecting your health in the heat at: <http://www.caloes.ca.gov/ICESite/Pages/Summer-Heat-Resources.aspx>. For your animals: Check out the [American Society for the Prevention of Cruelty to Animals \(ASPCA\)](http://www.aspca.org) website for important tips on keeping your pets protected from heat and other emergencies. Stay cool...and call us if you need help!

CASA UPDATES

Support CASA Advocacy

Congresswoman Karen Bass (CA-37), Co-Chair of the Congressional Caucus on Foster Youth, led a bipartisan effort in Washington to support full funding of the CASA Program at the Congressionally-authorized level of \$12-million.

Bass co-led a group letter to the House Appropriations Committee, as she has done in recent years, and this effort helped lead to the \$3-million increase in CASA Program funding (\$9-million total) in December's FY 2016 Omnibus Appropriations Act.

Additionally, these funds made possible a \$250,000 Growth Grant to California CASA in late 2015 for a statewide initiative to significantly increase the number of abused and neglected children served by local programs.

Please join us in thanking Congresswoman Bass for her support and spreading the word about her outstanding leadership on behalf of CASA Programs in California and the child victims of abuse and neglect they serve. You can thank her the following ways:

Email: <https://bass.house.gov/contact/email>

Phone: (323) 965-1422 / (202) 225-7084

Twitter: @RepKarenBass.

Sexual violence prevention requires many voices and roles.

PREVENTION is possible

For more information, contact Kathleen O'Bryant
530.286.5515

CASA Volunteer Orientation

Wednesday, July 13th

Wednesday, Aug 10th

5:30 to 6:30 pm



Court - Appointed Special Advocates are specially trained volunteers who are appointed by a judge to advocate for an abused, neglected, or abandoned child.

Find out how YOU can make a difference in a child's life. Orientations are presented at PCIRC.

Call today: 530. 283. 2227



July 2016 

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JULY'S HAPPENINGS

June 30 High Sierra Music

July 3 Festival

Need HELP? Call PCIRC @
530.283.5515

July 4 PCIRC Offices closed:
HAPPY 4th!

July 13 CASA Volunteer
Orientation 5:30pm

July 20 Community Supper
Methodist Church—
PCIRC Staff Hosts!

Thursdays:

Quincy Certified Farmers'
Market across from PCIRC
(591 Main St.)

Saturdays:

Weekly Farm Stand at
Five Foot Farms

PCIRC's "24/7 Dads" Program
is still in full swing with new
classes starting this Summer!

Call 530.283.5515 today and
we'll help you access FREE re-
sources
to be a great Dad!

24/7
Dad



FREE FREE SUMMER MEALS IN QUINCY!

Monday through Friday

For Anyone under the age of 18-years

BREAKFAST ends July 8th:

Pioneer Campus, 175 N. Mill Creek Road
8:30am to 9:00am

LUNCH ends August 19th:

Pioneer Campus, 175 N. Mill Creek Road
12:30pm to 1:00pm

Sponsored by the Plumas Unified
School District Summer Meals Program



Need help stretching your food budget?
You may qualify for CalFresh.

To learn more, please stop by and see us , or
call the Quincy office today at **530. 283. 5515.**

Drop-in Assistance Services include:

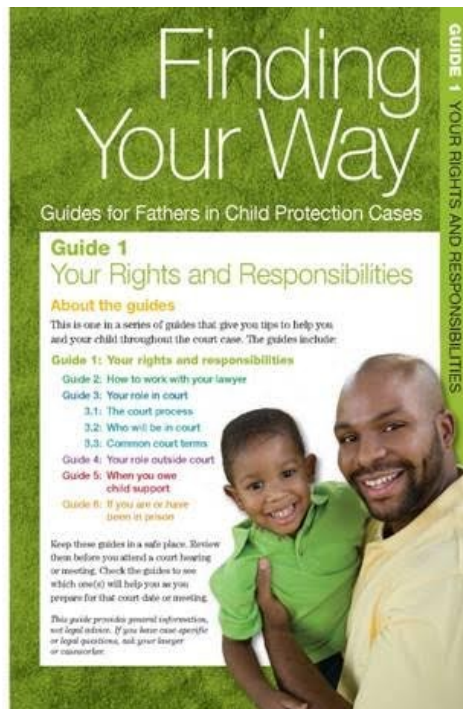
- *Application Help
- *Eligibility Prescreen
- *Appeals Assistance
- *Required Verifications
- *Interview Preparation
- *Questions Answered
- *Helpful Materials
- *Recertification Help



Plumas County P.I.T.S. has
partnered with PCIRC to
provide **FREE** pet food to
those furry friends who
are in need.

To access dog or cat food,
call the PCIRC office at
530.283.5515 or drop by at
591 Main Street - Quincy.

Your Pets Will Thank You!



PCIRC Satellite Offices

Feather River College

PCIRC Food Pantry
Quincy Campus

Call 530.283.5515 x 15 for hours

PORTOLA:

Portola Family Resource Center
165 Ridge Street
Monday-Thursday: 8am-4pm

INDIAN VALLEY/GREENVILLE

Indian Valley Resource Center
209 Crescent Street
Monday-Thursday: 9am-2pm

CHESTER

Chester Resource Center
Opening Soon: Info - 530. 283. 5515

Plumas Crisis Intervention and Resource Center, a nonprofit agency since 1983
530.283.5515-ph 530.285.3539-fax 1. 877. 332. 2754

591 Main Street, Quincy CA 95971
www.PCIRC1.org